

Newsletter and Update No. 42 - 5th November 2021



It's been a busy and varied couple of weeks - starting with going along to the Celebration of Black History Month event organised by BME United. It was such a lively, colourful and informative experience - I am already looking forward to going next year!

We are also supporting Doncaster's bid to secure city status for the borough as part of the celebrations for the Queen's Platinum Jubilee next year. We have until early December to make our case loud and clear. It would be great to have your support. That could be from taking part in filming to promote our campaign on social media, sharing content and of course talking up Doncaster

even more in the coming weeks and months. You can share on social media #GoingForItDN

As we come to the close of Trustees Week I would like to thank our Trustees for their support and dedication. I would also like to thank Trustees working throughout the VCFS in Doncaster. Being a Trustee can be incredibly rewarding, but it's also challenging. For the organisations you support - the benefits they glean from your unique knowledge that comes with lived experience is invaluable. This, although different from professional knowhow, is just as important. Harnessing lived experience of the clients you serve is a sustainable and efficient way to make sure the organisation is achieving the best possible results, with a board of trustees that really can represent the heart and soul of the group. I would like to encourage those who have not yet recruited trustees who can really empathise with their clients, to consider the option. Voluntary Action Doncaster currently has a vacancy on our Board in the role of Treasurer. I thought this would be a fitting opportunity to launch our recruitment to this role. If you are interested in joining our Board, or you can think of someone who might be a good fit, you can see the role and how to apply here.

Finally from me, given Bonfire Night was cancelled last year, this weekend is set to be noisy and bright! Please be considerate of those for whom this time of year causes stress and anxiety. I hope those who are gathering to enjoy firework displays with friends and family over the weekend have fun and stay safe.

# **Community Venues-Staying Safe**

The country is currently following the governments' advice set out in their Autumn and Winter Plan 2021. The plan sets out the recommendations that everyone should follow in "Plan A" including organising or participating in any community run events or using community venues.

We know that COVID-19 is spread through close contact via droplets, surfaces and particularly airborne transmission. It remains important for everyone, including those who are fully vaccinated, to continue to do their part on reducing transmission, help to keep people safe from COVID-19 and help limit the spread of seasonal illnesses, such as flu.

The full community guidelines can be found here.

## **Boloh Helpline - Baranardos**

There will be lots of coughs, colds and chest infections in young children this winter, so it is important to be prepared. Most children can be safely looked after at home, but sometimes they will need NHS support. The following helpline is provided to help give advice if you're unsure what to do when your child may have a chest infection:

Call 0800 151 2605 or visit their website.

Their helpline advisors can provide a service in English, Punjabi, Mirpuri, Polish, Luganda, Ruyankole, Rukiga, Rutooro and Kinyarwanda. Interpreters can be provided for other languages.

# IAPT - Public Health

Improving Access to Psychological Therapies (IAPT) are currently offering a range of services. IAPT are aiming to reach out to those 18 and above in Doncaster who may be in need of psychological support for various reasons.

For more information on IAPT

### **Stress Control Course**

Feeling stressed, anxious or overwhelmed? If yes, you can book onto IAPT's free Stress Control Course. The course will be six sessions delivered via Youtube or interactively via Microsoft Teams. For more details or to book your place call: 01302 565556

### Talking Therapy

In collaboration with the Talking Shop, IAPT are providing talking therapies for people experiencing common mental health problems.

If you have experienced any of the following for more than two weeks, then please get in touch:

- Depression
- Anxiety
- Phobia
- Panic
- Post Traumatic Stress Disorder (PTSD)
- Obsessive Compulsive Disorder (OCD)

For a confidential consultation please ring IAPT on 01302 565556 or visit their website.

# Workplace Sleep Ambassador Course

A revolutionary new Workplace Sleep Ambassadors programme has been launched to support UK businesses and organisations in tackling one of the leading causes of mental health issues in the workplace.

Delivered by the The Sleep Charity, the programme aims to address concerns following the revelation that 200,000 working days are lost every year due to insufficient sleep, costing the UK economy millions and causing major disruption for employers battling back to normality following 18 months of covid chaos.

The Workplace Ambassadors initiative delivers training that empowers staff members to support their colleagues in achieving a better night's sleep.

The training is delivered as a mixture of pre-recorded study and live sessions, and helps ambassadors develop their understanding of the leading causes of sleep issues, the facts and fiction surrounding a good night's sleep and practical support strategies.

You can find more information or book your place on the course here.

## Men's Health Programme

SYB ICS Health and Wellbeing Hub are running a Men's Health programme during November as the wellbeing topic of the month. Globally, men die on average 5 years earlier than women, and for reasons that are largely preventable. Which means that it doesn't have to be that way: we can all take action to live healthier, happier and longer lives.

SYB are delighted to share our new Men's Health webpage with you, launching as part of Men's Health awareness month in November 2021.

On this site, you will find videos, facts, upcoming events and recommended reading to support men through both physical and mental wellbeing journeys. There is also information on different charitable campaigns aiming to support male mental health. They are running many free webinars and sessions for everyone to book on to understand and learn how to support the men in our life:

### Click here to visit the Men's Health webpage.

# Functional Skills maths and English courses and Conversational English classes for adults

Doncaster Council are offering courses in maths and English across Doncaster that cover all levels of learning from Entry Level 1 to a full Level 2 (which is the equivalent of a GCSE grade C/4).

Classes run for a full academic year and qualifications are accredited by City & Guilds. Those wanting to attend need to be able to commit to the two hour class each week as well as time at home to practise newly learned skills and knowledge. Participants must be Doncaster residents aged 19+ to qualify for funding. The latest timetable can be found <u>here</u>.

If you would like to enrol on one of these courses please contact Ruth in the first instance. Acceptance to the course is subject to an enrolment form being completed and accepted. Initial assessments and diagnostic tests will be carried out ahead of enrolment on to the accredited courses to ensure that the course is right for each person. These courses are all fully funded and therefore free to attend.

Contact ruth.precious@doncaster.gov.uk

# Family & Community Learning Courses

Doncaster Council are offering a number of courses under the umbrella of Family Learning for parents/carers designed to provide a fun way of learning how they can support their children at home. Courses on offer include Storysacks, Fun with Phonics, Supporting your child to Read, Maths4Parents, STEM in a Box and more.

Interested groups should contact ruth.precious@doncaster.gov.uk for more information and availability. They bring the learning to you, so if you have a volunteer group, community groups in libraries, community centres etc. in Doncaster then these free to attend (resources provided throughout) courses are for you.

From a health & well-being perspective they offer community learning courses in Family History, Basic Digital Skills(getting the most from your device), Creative Writing, Art for health and well-being and more.

For these courses they do charge small fees depending on your circumstances. Please get in touch for more information of where they are running these courses or if you have a group you would like to bring then contact <u>Ruth.precious@doncaster.gov.uk</u>.

# **CPD sessions from Social Work England**

Social Work England are pleased to be able to offer two Continuing Professional Development (CPD) online sessions specifically aimed at social workers working within the voluntary/charity/third sector.

If you are a social worker working in this sector, or you know or employ a social worker who is working in this sector please feel free to share and book on.

The purpose of the session is to:

- Share information about Social Work England and what we do
- Refresh your knowledge of the renewals process and how to maintain registration as a social worker
- Update you about the continuing professional development (CPD) requirements and how to meet them
- Share examples of CPD with a focus on CPD for those who work within the voluntary/charity/third sector.
- Share reflections on our first year including research and insights
- Look into the future, and consider how Social Work England will collaborate with practitioners from this sector moving forward and how you can be a part of this.

The sessions will be held on Tuesday the 9th November (10:30 - 11:45am) and Friday the 12th November (1:30 - 2:45pm)

To book onto the sessions please go to the Eventbrite website.

## **UNCRDP Workshops**

Sheffield Voices is hosting an event for people with a learning disability and/or autism on 11th November between 6-8pm to explain what your rights are under the UN CRDP and listen to your views. Click <u>here</u> for the event details and how to book a place.

Disability Sheffield is holding a second event for disabled people which will give an overview of the CRDP and the shadow reporting process on Tuesday 16th November between 6–8pm. Click <u>here</u> for details and how to book a place or go to their <u>Eventbrite</u> <u>page</u> to book a place.

### **Funding Opportunities**

# Charities invited to apply for nature grants of up to £500,000

Charities in England are being invited to apply for grants of up to £500,000 as part of government plans to improve people's access to nature.

The new £6m Trees Call to Action Fund will finance up to 24 regional or national projects managed by partnerships of environmental charities, not-for-profit organisations, local authorities and protected landscape bodies.

The fund will be delivered by the National Lottery Heritage Fund in partnership with the Department for Environment, Food and Rural Affairs and the Forestry Commission to award grants of between £250,000 and £500,000 to projects across England. The fund aims to support the government's England Trees Action Plan and its commitment to at least treble planting rates by the end of this parliament.

Projects will be required to outline how they can best deliver against the action plan and increase capacity and skills in this area including developing training and placement programmes for new foresters and woodland managers.

The deadline for expression of Interests is 16 November.

For more information and guidance on how to apply <u>click here</u>.

### Local School Nature Grants - Learning Through Landscapes

Learning Through Landscapes is accepting applications for the fourth and final round of funding for outdoor learning grants for 2021.

The aim of this fund is to promote outdoor learning among young children by providing nurseries, schools and other early learning providers with resources and training. Successful applicants will receive an assortment of outdoor equipment up to the value of £500, along with a two hour training session for staff.

Equipment provided by the scheme includes but is not limited to:

- Bird boxes.
- Bee hotels.
- Gardening equipment.
- Pollinator kits.
- Wildlife watching kits.
- Outdoor wear for adults and children.

Applicants can mix, match, and duplicate products to suit their needs within a £500 limit.

Applicants must be employed by the school/early learning provider. Applications from PTA's, Governors, or 'Friends of' groups will not be accepted.

The final deadline for applications this year is 12th November, 2021. Find more information and how to apply <u>here.</u>

### Winter Projects - Veteran's Foundation

All registered charities and other organisations that support the Armed Forces community (veterans, those serving and immediate dependants) can apply now for funding from the final application round of 2021.

The Foundation offers grants of up to £30,000 to cover every aspect of social care including, homelessness, employability, poverty, disability, welfare issues, mental health, marriage guidance, care during old age and confidence building.

The grants can be used to cover a range of project costs. The Foundation will also consider funding running costs of eligible organisations, provided sustainability is being considered. Priority is given to charities and organisations who can demonstrate that they are directly involved in the provision of support to those in need, as well as well-run organisations of low to medium wealth.

The final deadline for 2021 applications is 12th November, 2021. More information and how to apply can be found <u>here.</u>

### **Recovery Loan Funds - Social Investment Business (SIB)**

The Fund has been established by Social Investment Business (SIB) to make an existing Government guarantee scheme, the Recovery Loan Scheme, more easily accessible to charities and social enterprises.

UK based charities and social enterprises that have been actively operating for at least two years, have a minimum turnover of £400,000 in their last financial year and which exist for the benefit of society/environment may be eligible to apply for loans for a term of one to six years as follows:

- Between £100,000 and £1.5 million.
- Upwards of £50,000 for BAME-led organisations.

Loans can be used for business purposes, including, managing cashflow, investment and growth. The scheme is designed to support businesses that can afford to take out additional finance for these purposes.

Applications will be reviewed on a first-come, first-served basis. The deadline for applications is 21st November, 2021 (midnight). More information and how to apply can be found <u>here</u>.

### Funding for International Social Relief Projects - Didymus

Applications are being accepted for grants of up to £5,000 for charities working in the areas of social inclusion, education, the arts, equality and diversity, and religious understanding in the UK, Africa or Central and South America.

The aim of the fund is to support continuing projects, alongside developing new initiatives, and benefit people who are disadvantaged for whatever reason, and to build hope and enrichment of life.

Registered UK based charities can apply. Proposed activities and projects must deliver at least one of the following aims:

- Encouraging social inclusion.
- Advancing education.
- Developing the arts.
- Advancing equality and diversity.
- Promoting religious understanding.

Eligible costs included but are not limited to equipment costs, the provision of activities such as music and arts sessions, educational costs, and training costs.

The next deadline for applications is 31st December, 2021. More information and how to apply can be found <u>here.</u>

### The Community Fund - Arnold Clark

The Arnold Clark Community Fund currently aims to help UK charities and local community groups continue their important work which may be at risk due to the coronavirus pandemic.

During the winter campaign, the funder is offering grants of up to £1,000 to be used for charitable or community purposes. The funding is intended to support organisations dealing with or addressing the following categories:

- Food banks
- Toy banks
- Poverty relief
- Housing and accommodation.

Applications will be granted on a weekly basis. Any applications which have not been granted will roll over into the following week(s) for the duration of the campaign.

The deadline for applications is 31st December, 2021 (23:59). More information and how to apply can be found <u>here.</u>

# Job Opportunities

Please see this week's <u>Vacancy Bulletin</u> with a range of roles based within Doncaster

### Health and Wellbeing Manager - NAVCA

Location: Remote working with weekly travel to NAVCA's office in Sheffield, plus travel to partner organisation post-Covid Salary: £34,000 plus 8% employer pension Contract: 35 hours per week. Fixed term contract until 31 March 2023. Closing date: 11:30pm, 10 November 2021

This exciting new role will lead to engaging with NAVCA members, their partners and wider stakeholders to identify priorities and develop opportunities to support social prescribing networks. You will work with NAVCA and its members, whilst also being embedded in NASP structures and developing strong connections with Spirit of 2012 and its grantees. In collaboration with this broad range of partners, the role will deliver two phases of work:

• First, scoping the role of LIOs in developing social prescribing tools and resources, and identifying what further developments might be beneficial to support networks, collaborative working and effective delivery. The scoping phase will focus on quality assurance, service directories and guidance and support materials in particular, and will culminate in a clear set of recommendations.

 Second, you will lead on co-design/co-development of products and resources identified in the first phase, and support their dissemination through existing networks.

Find more information and download the application form here.

#### **Senior Prevention Co-ordinator - South Yorkshire**

Location: South Yorkshire Salary: £24,416 Per Annum Plus Pension and Benefits Contract: Full Time Closing date: Friday 12 November 2021 at 23:59

As Senior Prevention Coordinator, you will be responsible for leading the prevention services teams. You will recruit, train and manage volunteers; and promote the service to key stakeholders.

You will be responsible for providing a seamless link between supporting vulnerable children and young people at risk of leaving home, and providing effective emergency accommodation to those who need it.

This role will provide you with an opportunity to impact lives by working with a team that is passionate about ending homelessness.

More information and how to apply can be found here.

### **Resources Officer - NAVCA**

Location: Remote working with weekly travel to NAVCA's office in Sheffield Salary: £25,625 0.8FTE (£20,500 salary pro-rata) plus 8% employer pension Contact: 28 hours per week. Permanent contract Closing date: 12pm, 16 November 2021

The Resources Officer will be responsible for the smooth running of NAVCA's resources, supporting the Resources Manager to process and record finances. They will have oversight of efficient and effective HR as well as supporting the organisation's IT requirements and provide administrative support to champion social action through effective local infrastructure.

Find more information and download the application form here.

### Membership Manager - NAVCA

Location: Home-based with weekly travel to NAVCA's office in Sheffield, plus travel to partner organisations Salary: £34 000 plus 8% employer pension Contract: 35 hours per week. Permanent contract Closing date: 12pm, 16 November 2021

The membership manager sits at the heart of our purpose, leading NAVCA's relationship with its members to understand their position and develop and deliver their wide-ranging offer to support their activity. You will work with member CEOs and their staff on a wide range of issues; create spaces to bring together members to explore challenges; and develop and oversee their work to develop a proactive approach to quality and quality standards. You will develop close and trusted relationships and a deep understanding of our members, their challenges and concerns to bring influence to everything NAVCA does. You will be key to NAVCA fulfilling its mission, championing social action through effective local VCS infrastructure.

As a manager at NAVCA you will contribute to the collaborative leadership of the organisation and wider movement, delivering their strategy and approach, and supporting the management and development of the organisation.

Find more information and download the application form here.

### Policy Manager - NAVCA

Location: Remote working with weekly travel to NAVCA's office in Sheffield, plus travel to partner organisations. Salary: £34 000 plus 8% employer pension Contract: 35 hours per week. Permanent contract Closing date: 12pm, 16 November 2021

The policy manager sits at the heart of our purpose, leading NAVCA's thinking and policy response on a range of issues, elevating the importance of communities and community action and their impact for people. You will bring together analysis and information from a wide range of sources, leading NAVCA's work to articulate a proactive and compelling approach to the key policy issues. You will be pivotal to

NAVCA fulfilling its mission, championing social action through effective local VCS infrastructure.

As a manager at NAVCA you will contribute to the collaborative leadership of the organisation and wider movement, delivering their strategy and approach, and supporting the management and development of the organisation.

Find more information and download the application form here.

### Public Health Improvement Co-ordinator - Doncaster Council

Location: Civic Office (currently remote home-working due to Covid-19) Salary: Grade 9, £32,937 - £36,942 (Pay award pending) Contract: Permanent Full Time 37 Hours Per Week Closing date: 16th November 2021

Doncaster Council's Public Health team are looking for a highly motivated and enthusiastic individual with a passion for Public Health to be part of their Wider Determinants Team. The link between good health, wellbeing and housing has a strong evidence base and this post will be at the forefront of developing our strategic vision to improve health through the home, enabling residents to lead healthy and fulfilling lives.

More information and how to apply can be found here.

# Contribute to our Next Newsletter!

If you have an article, job opportunity or funding opportunity you would like to see included in the next edition of this newsletter, please send it to us at <u>info@voluntaryactiondoncaster.org.uk</u> by **1pm on Wednesday 17th November.**